**Participatory lesson on contraception, pregnancy decision-making and abortion**

Suitable for Key Stage 4 and 5

Ideal for one hour lessons, adaptable for 45/50 minutes and 90 minutes

Delivered by trained medical students from UCL

There is no cost to schools

**Resources required from school:**

* Photocopying of evaluation forms
* We require a teacher to remain in the room to support facilitators with discipline and logistics

**The workshop aims to:**

* Enable students to understand the choices available to those facing unintended pregnancy and the factors that influence pregnancy decisions
* Motivate contraceptive use and encourage access to appropriate services
* Increase empathy for those facing an unintended pregnancy
* Decrease the stigma around abortion
* Develop the communication skills to discuss abortion with parents and health professionals.

**Learning outcomes**

**By the end of the workshop students will be able to:**

* State what methods of contraception and emergency contraception work best
* State 10 facts about abortion
* Describe where you can get more advice about contraception, pregnancy decision-making, abortion and sexual health

**Ethos**

Good quality abortion education:

* is evidence-based
* promotes key public health objectives including prevention of unintended pregnancy; informed decision-making about unintended pregnancy; prevention of abortion stigma; timely access to appropriate abortion or ante-natal services for those who are pregnant; access to contraception following childbirth or abortion
* recognises young people’s rights to access accurate information that will enable them to make and act on informed decisions about their sexual and reproductive health
* values the bodily autonomy of individuals and their right to make decisions about their lives
* challenges stigma associated with abortion and teenage parenthood
* is inclusive

The lessons will be carried out in accordance with principles set out [in this EFC best practice toolkit](https://www.brook.org.uk/shop/product/best-practice-toolkit-abortion-education1)

and [the Government RSE Guidance 2018.](https://consult.education.gov.uk/pshe/relationships-education-rse-health-education/supporting_documents/20170718_%20Draft%20guidance%20for%20consultation.pdf)